

## Recovery Oriented Systems of Care

Our shared vision with the Ohio Association of County Behavioral Health Authorities is that Ohio's mental health and addiction services system shall emphasize a Recovery-Oriented System of Care (ROSC) that capitalizes on community strengths. Ohio's ROSC shall offer Ohioans an array of accessible mental health and addiction services and recovery supports that are culturally appropriate, accountable, effective, and efficient while promoting individual and family recovery.

Ohio's Alcohol, Drug Addiction, and Mental Health (ADAMH) Boards ensure that individuals and families affected by mental illness and/or addiction have access to this high-quality, Recovery-Oriented System of Care. Boards, through strong community partnerships, will continue to lead and advance efforts to ensure Ohio's communities are healthy, safe, and drug-free, while assuring accountability and effectiveness in client care.

Following are the 12 guiding principles identified by participants at SAMHSA's national summit on recovery:

- There are many pathways to recovery.
- Recovery is self-directed and empowering. Research Supporting Recovery-Oriented Systems of Care
- Recovery involves a personal recognition of the need for change and transformation.
- Recovery is holistic.
- Recovery has cultural dimensions.
- Recovery exists on a continuum of improved health and wellness.
- Recovery emerges from hope and gratitude.
- Recovery involves a process of healing and self-redefinition.
- Recovery involves addressing discrimination and transcending shame and stigma.
- Recovery is supported by peers and allies.
- Recovery involves (re)joining and (re)building a life in the community.
- Recovery is a reality.

Participants at the Summit agreed that recovery oriented systems of care are as complex and dynamic as the process of recovery itself. They are designed to support individuals seeking to overcome substance use problems and disorders across their lifespan. Participants at the Summit declared, **“There will be no wrong door to recovery”** and also recognized that recovery-oriented systems of care need to provide “genuine, free and independent choice” among an array of treatment and recovery support

options. Services should optimally be provided in flexible, unbundled packages that evolve over time to meet the changing needs of recovering individuals.

Individuals should also be able to access a comprehensive array of services that are fully coordinated to provide support to individuals throughout their unique journeys to sustained recovery.